



QUEEN CITY UNITED SOCCER CLUB

2025 August Player Development Program



Dates and Fees

August 7, 14, 21, 28, 2025

U5 - \$65.00

U7 - \$75.00

U9 - \$100.00

U11 - \$125.00

Age Groups

U5 – Birth Years 2020 & 2021

U7 – Birth Years 2018 & 2019

U9 – Birth Years 2016 & 2017

U11 – Birth Years 2014 & 2015

Session Information

U5

Thursdays – 5:30 – 6:15pm @ Massey Field (70 Massey Rd)

U7

Thursdays – 6:15 – 7:15pm @ Massey Field (70 Massey Rd)

U9

Thursdays - 5:30 – 6:45pm @ Massey Field (70 Massey Rd)

U11

Thursdays – 6:45 - 8:15pm @ Massey Field (70 Massey Rd)

Program Information

Our 4-week program is designed for players of all levels and abilities.

The U5 program offers one (1) 45-minute session per week. The session will introduce basic soccer skills and techniques using a variety of fun activities and games. Each session will finish with a 15-minute 3v3 (no keepers) game.

The U7 program offers one (1) 60-minute session per week. The session will introduce basic soccer skills and techniques using a variety of fun activities and games. Each session will finish with a 20-minute 3v3 (no keepers) game (2 x 10-minute halves).

The U9 program offers one (1) 75-minute weekly session. The first 45 minutes of the session will focus on improving the participant's technical ability by incorporating individual skill development through dynamic activities and games. Each session will finish with a 30-minute 5v5 (4 plus keeper) game (2 x 15-minute halves).

The U11 program offers one (1) 90-minute weekly session. The first 60 minutes of the session will focus on improving the participant's technical ability by incorporating individual skill development through dynamic activities and games. Each session will finish with a 30-minute 6v6 (5 plus keeper) game (2 x 15-minute halves).

Players will be divided into teams on the field and may play with different teammates each week.

Field numbers may be adjusted based on the number of players participating/present each night.

Online registration opens June 15 and closes July 25, 2025

****Limited space in all age groups****

****A \$25 late fee will be applied after July 25, 2025****

Refund policy: <https://www.rampregistrations.com/refundpolicy?v3=175dd4db21>

www.qcsoccer.ca

Registration questions: regsitrar@qcsoccer.ca