



2022-2023 QC United Adult Indoor Fall & Winter 5-Aside Leagues

Adult Manager and Player Registration Information Package

Updated September 13, 2022



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BACKGROUND

The indoor season will be divided into two (2) phases. Phase 1 will run from October 8 – December 18, 2022. Phase 2 will run from January 7 – March 26, 2023. Each phase will be treated as its own season. Teams will receive a minimum of 8 games plus playoffs. Prize money will be offered to the winner of the division.

If a division is non-viable (has less than 4 teams registered), QC will move teams to a different division or combine divisions. If non-viable divisions cannot be accommodated, QC will provide full refunds to all affected players.

The adult league will evolve and be adapted to reflect any changes or modifications to Saskatchewan Soccer Association’s guidelines or the Government of Saskatchewan emergency orders and directives relating to the COVID-19 pandemic.

FEE STRUCTURE PER PLAYER

Division	Total Fee for Phase 1 (Oct-Dec 2022)	Total Fee for Phase 2 (Jan-March 2023)	Total Fee for Phase 2 if participated in Phase 1
All divisions	\$175.00 plus GST	\$175.00 plus GST	\$140.00 plus GST

IMPORTANT DATES

Phase 1

- Thursday, September 15, 2022 – Team & player registration available
- Monday, October 3, 2022 – Team registration deadline and scheduling request deadline – Roster requirement deadline – 10 players; Any team that withdraws after 12:00pm CST will be subject to a \$250.00 fine to the team contact.
- Tuesday, October 4, 2022 – All league schedules released.
- Saturday, October 8, 2022 – All leagues begin

Phase 2

- Tuesday, November 15, 2022 – Team & Player Registration Available
- Saturday, December 10, 2022 – Team Registration Deadline
- Wednesday, December 14, 2022 – Scheduling request deadline – Roster requirement deadline – 10 players; Any team that withdraws after 12:00pm CST will be subject to a \$250.00 fine to the manager.
- Friday, December 16, 2022 – All league schedules released.
- Saturday, January 7, 2023 – All leagues begin



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TEAM & PLAYER REGISTRATION

Starting on **Thursday, September 15, 2022** (Phase 1) and **Tuesday, November 15, 2022** (Phase 2), all players and teams will be able to register in their preferred division online at www.qcsoccer.ca.

When registering a team, the team contact will need to provide the following:

1. Team Name
2. Jersey Colours
3. Preferred Division
4. Coach/Manager Information (First Name, Last Name, Birthdate, Email)
5. Main Contact Information (First Name, Last Name, Birthdate, Email, Address)

SCHEDULE REQUESTS

If there are any dates where your team is unable to play, please make a formal request in writing by **Monday, October 3, 2022** (Phase 1) and **Wednesday, December 14, 2022** (Phase 2). Please include the rationale. Requests will be considered but dependent upon circumstances, not all requests may be granted. Requests can be sent to josh@qcsoccer.ca.

All league schedules will be posted on the QC website at www.qcsoccer.ca after **Tuesday, October 4, 2022** (Phase 1) and **Friday, December 16, 2022** (Phase 2).

League play will begin on **Saturday, October 8, 2022** (Phase 1) and **Saturday, January 7, 2023** (Phase 2).

DIVISIONS

Competitive Divisions – The Competitive division is for those who would like to play at a premier level. Comparable to Division 1 or 2 local soccer.

Recreation Divisions – The Recreation divisions are a fun recreational option for varying skill levels and/or those looking for a “soccer for all” program. The division offers players the opportunity to exercise and enjoy the social benefits that soccer offers. Comparable to Division 3 and below local soccer.

MEN’S LEAGUE

The men’s league will offer the following divisions (provided each division is viable):

- Men’s Competitive: Game Day – Saturday evenings
- Men’s Recreation: Game Day – Sunday evenings

WOMEN’S LEAGUE

The women’s league will offer the following divisions (provided each division is viable):

- Women’s Competitive: Game Day – Saturday evenings
- Women’s Recreation: Game Day – Sunday evenings



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OVERVIEW OF LEAGUE RULES

- All divisions will play 5v5 (4 field players plus a keeper) format. There will be one official and there will be no offsides.
- Players can only register in one division and there is no permit play within the same division. Players from a lower division are eligible to permit play up to a higher division.
- The minimum roster is 10 players and maximum roster is 15 players.
- There will be kick ins instead of throw ins.
- Slide tackling is not permitted.
- There will be absolutely no spitting allowed (This includes keepers who normally spit into their gloves).
- There will be no pinneys available for teams to borrow. Teams will need to ensure that they have a second set of uniforms or pinneys to use in case of conflict.
- To promote fair play, players need to be cognizant of the level of play of the division they are registered for and play with the appropriate attitude and mentality for the level of play of the division. Players will be held accountable if issues arise relating to this.

REFUNDS

- QC's refund policy can be found here:
<https://www.ramregistrations.com/refundpolicy?v3=175dd4db21>.